

# THE TRAVELLING TABLE

*A Gentle Lunch Outing with Friendly Company* ❤️

🌻 Feeling lonely?

🚗 Finding it hard to get out and about? 🗝️

🍽️ Missing having someone to share a meal with? ☕

You are warmly invited to join us.

A Good Life and Little White Car  
are organising small, relaxed lunch outings  
for people who would enjoy a little company.

👥 Very small groups (up to 4 people)

😊 Friendly, supportive atmosphere 😊

🚗 Help with getting out and about ☕

🍰 Time to chat, laugh, and enjoy a meal together 🍰

No pressure. No expectations.  
Just good food and kind company.

You don't have to do this alone.

If you think this might be for you,  
we would love to have a gentle chat.

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❤️ A warm welcome is waiting ❤️